



Who We Are

Hello everyone! Happy 2022! We hope this newsletter finds you healthy. Grace House is a transitional, supportive living environment for six women in early recovery from addictive disorders. The women live together in a family-like setting with the support of our Residence Director who mentors and guides them toward the final steps of reintegration into full community life.

Grace House is the only St Lawrence County faith-based solution for women in early recovery from addiction. Our work brings a service for women to the county which now exists no closer than Watertown, NY.

We would love to send you our newsletter virtually in the future. Please share your email with us at:

<https://www.newhopetransformation.org/contact-us/>

Statistics of 2019-2021

A lot has happened since our May 2021 newsletter was sent out. We would like to share our data from our first three years of being open.

- We have had 53 women whose lives we have impacted.
- The average age of the women whom we serve is 35 years old.
- We have found that while each woman's circumstances are unique, the majority of the women stay an average length of 64 days.
- Every woman who came to us did not have an appropriate living situation.
- None of the women who came to us had custody of their minor children.

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[@NEWHOPETRANSFORMATION.ORG](https://www.facebook.com/newhopetransformation.org)



VISIT US ON OUR WEBSITE

[HTTP://WWW.NEWHOPETRANSFORMATION.ORG/](http://www.newhopetransformation.org/)

A Transformation Story

A former resident of Grace House that recently graduated was interviewed. This is the first of what we hope will be a series of transformation stories of Grace House graduates.

What sparked you to focus on yourself and seek change? My daughter, rehab, and Grace House.

What brought you to Grace House? Grace House was the second step after rehab.

What did you like most about Grace House? It changed my life. It kept me clean. Attending church and the Narcotic Anonymous (NA) meetings.

What are some ways you are practicing self care? That's a hard one. I work a lot, but unsupervised visits with my daughter and spending time with her.

What are you most proud of? Myself. Having my own apartment, my part-time job, and seeing my daughter.

What have you learned about yourself? I can stay clean. I can actually do it.

What are some goals you have achieved? Unsupervised visits with my daughter.

Volunteer Opportunities

We have many volunteer opportunities at Grace House. We provide trauma-informed care and ask that the **in-person volunteers be strictly women** unless working on a technical or maintenance project. Volunteer opportunities include:

Women:

- **Office work** i.e. filing and shredding.
- **Relieving the Residence Director** i.e. daytime or overnight period. Duties include supervision of medications, cooking, and comings and goings of the residents.
- Being a "**Spiritual Mentor**" to a resident i.e. phone calls, prayer, visit at the House, and occasional coffee outing.

Men or Women:

- **Advertising** in the community.
- **Social media** i.e. Facebook and our website.
- **Assisting donation drives** i.e. workplace, church, or with your family.
- **Fundraising**

Please fill out our volunteer form online at

<https://www.newhopetransformation.org/volunteering/>

Ways to Donate

The board, staff, volunteers and women of Grace House are grateful to all of those who have assisted us in any way: by prayer, in-kind donations, financial contributions, and encouragement.

We still have two resident kitties, Bill and Pixie. We want to thank those who have provided food and kitty supplies for us.

We would like to remind you that we continue to need financial assistance as we receive no state, or local funding. We now have multiple ways to support Grace House online. These include our **Amazon Smile**, **PayPal**, and **Amazon Wishlist**. For more information please go to our website <https://www.newhopetransformation.org/donate/>

A minimum of \$40,000 a year is needed to meet our budget which includes the Resident Director's salary and the house expenses.

If you prefer, you can mail your check to:

Grace House
PO Box 637
Canton, NY 13617

Come Visit Us!

We would love to show women in the community what Grace House is all about.

Spend a day with us!

Set up a time to visit with our Residence Director, Christine Downton

Contact us at <https://www.newhopetransformation.org/contact-us/>



We are dedicated to meeting the needs of addicted women through the transforming power of Jesus Christ.

BOTTLES & CANS MAY BE DROPPED OFF AT BESSETTE'S BOTTLES-N-BEVERAGE,
39 GOUVERNEUR ST. CANTON, NY 13617
PLEASE LET BESSETTE'S KNOW IT IS FOR GRACE HOUSE